



CITIZEN FILM PROJECT  
ON INTEGRATIVE MEDICINE

# COME AND SEE !

Is tomorrow's medicine  
emerging ?

**Producer**  
ALLIÉ SANTÉ

**Director**  
Sandrine Beaudéan

**Co-director**  
Christine Belhomme



Many citizens and patients are turning to what we call « Integrative medicine ». A medicine which associates complementary practices\* to conventional treatments and which preserves the Planet. So many positive and inspiring experiences at different ages of life.

Geneviève, Thierry, Colette, Katia, Anaïs, Sylvia... testify about their integrative experiences and take us to meet with the wonderful professionals who accompany them in the city and/or in the hospital. Health professionals who are constantly expanding their therapeutic toolbox by integrating complementary therapies\*, to better prevent pain, limit drug interactions and side effects and to improve the quality of life and well-being of people.

A journey built around testimonies, where each step gives us inspiring eco-systems : hospital, institute, resource center, research center, nursing home, Ehpad, maternity ward...

A culture of AND and not of OR : YES it is possible, YES it exists! This resolutely positive film will be an advocacy tool to explain what integrative medicine and health are and to inspire everyone to take action ■

## 1st TEASER

\* Adapted physical activity, dietetics, acupuncture, hypnosis, osteopathy, yoga, meditation, aromatherapy, phytotherapy, thermalism, naturopathy, homeopathy, art therapy, sophrology, etc.

# AN INSPIRING JOURNEY

**Understanding the disease and the living to best accompany the patient requires technical and scientific knowledge and experience, but also a lot of heart, intuition and creativity : it's quite an art !**

It is this art of caring that many citizens/patients are looking for and that they make us discover in this film. These men and women find solutions to be accompanied by health professionals who are deeply human and open, who listen to them, help them to mobilize their self-healing capacities to complement the treatments.

Let's hear why these professionals have transformed their practices and how they practice their ART together. Let's discover the practices and actors who are decompartmentalizing their work, broaden and connect for a gain of luck for patients ■

### Highlighting of multiple initiatives

Yes, different experiences are emerging everywhere: maternity, mental health pain, chronic illness, palliative care... Let's find out why and how patients and professionals use integrative medicine in the city and in the hospital, what changes in their experience of illness and care, what these approaches bring to the territory and the environment.

# CARRYING THE VOICE OF PATIENTS/CITIZENS



**“It changed my life on a physical level but also on a moral level to know that something was possible.”**

Geneviève tells us the story of her overweight and her meeting with the Center *Equilibre* team at the Clinique SSR Saint Christophe, in Aix-en-Provence. We meet Dr. Abossolo, Fabrice Pardo (sports coach and posturologist) and Marie-Charlotte Barthes (coordinating dietician) who helped her regain a taste for life ■



**“Doctors need to realize that this kind of care is extremely important for the patient. These are not just assessments, treatments. All this aspect is essential for us to get better.”**

Colette takes us to meet Dr Sylvie Marsaleix and Dr Christine Coste, art therapist. We are in the Care and Support Service in the disease (SAM) of the CH of Orthez ■



**“It is a whole set of practices where people work cooperatively, to arrive at an overall result that is most effective.”**

Thierry tells us about his integrative support within the Rafaël Institute in Levallois Perret with Dr Alain Toledano and various therapists ■



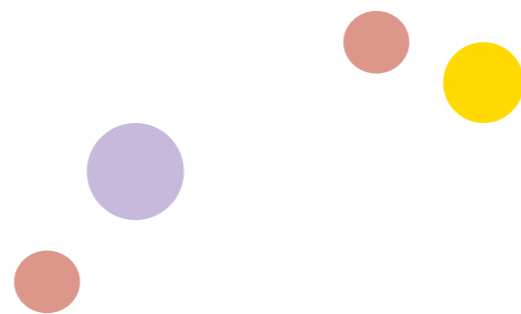
Ilona, diabetic patient, tells us about her integrative journey at the Immanuel Krankenhaus in Berlin, accompanied by Dr Andréas Michalsen and a whole team of professionals ■



Manon, Julien and their little Romy, but also future mothers and fathers, tell us about their experiences in this maternity ward of the CH de Cannes which takes care of parents, babies and the environment. ■

Photos : ©Allié Santé, tous droits réservés.

# EXCERPTS FROM THE FUTURE FILM



SSR Clinic Saint-Christophe (Aix-en-Provence)

Maternity

Support Care for Illness  
Hospital of Orthez

Resource center (Aix-en-Provence)

Post cancer house (Levallois-Perret)

Multidisciplinary Center for Integrative Health  
(Plouhinec)

## PRODUCTION & BROADCASTING

Release : September, 2024  
Duration : 52 min.  
Version : FR / EN

### Production : Allié SANTÉ

Allié SANTÉ is a non-profit cooperative (SCIC SAS) whose mission is to mobilize citizens, companies and communities to innovate and transform health practices (care and prevention) by relying on integrative medicine and global health. We co-create tools, events and projects to facilitate the emergence and promote a new art of taking care. Allié SANTÉ animates and carries the voice of a national network of citizens/patients/caregivers.

Productor & co-director : Christine Belhomme  
Co-producer : Florian Petitjean  
Director : Sandrine Beudéan  
Associate director : Constance Colonna-Cesari

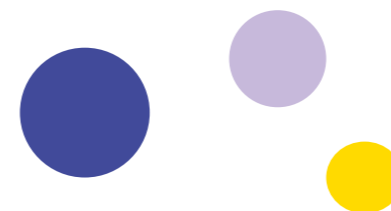
### Film crew

Cameraman : Sandrine Beudéan - Edouard Tharsis  
Sound technician : Clément Jusforgues

### Broadcasting

General public, health professionals and students, makers, ...

- Preview in France,
- Projections-debate, E-projections-debate
- Film available on VOD and DVD



## OURS PARTNERS



## THE PROJECT'S SUPPORTERS



## CONTACT

**CHRISTINE BELHOMME**  
[christinebh@alliesante.net](mailto:christinebh@alliesante.net)  
Tél. : +33 (0)6 26 49 79 51



[www.alliesante.net](http://www.alliesante.net)